

Manitowoc Area Memory Assessment Center  
2021 S. Alverno Rd.  
Manitowoc, WI 54220

**Patient's Name** \_\_\_\_\_

## Memory Assessment Center Daily Activities & Safety Form

### Personal Care and Daily Activities:

Mark with an "I" if able to do independently, "A" if able to do with some assistance, and "D" if completely dependent on another for each activity listed below.

#### **Personal Care:**

- \_\_\_ Dressing
- \_\_\_ Walking
- \_\_\_ Getting up/down from a chair
- \_\_\_ Bathing
- \_\_\_ Eating
- \_\_\_ Stairs
- \_\_\_ Grooming
- \_\_\_ Toileting

#### **Daily Activities:**

- \_\_\_ Shopping
- \_\_\_ Cleaning
- \_\_\_ Managing Medications
- \_\_\_ Handling Finances
- \_\_\_ Cooking
- \_\_\_ Laundry
- \_\_\_ Telephoning
- \_\_\_ Transportation

### Safety:

Mark any of the following that are safety concerns or problems.

#### **Fires:**

- \_\_\_ Stove burner left on
- \_\_\_ Iron left on
- \_\_\_ Burned pots of food
- \_\_\_ Careless smoking
- \_\_\_ Inability to call for help/exit in a fire

#### **Driving:**

- \_\_\_ Going too fast or too slow
- \_\_\_ Relying on passenger(s) for instructions
- \_\_\_ Failing to observe traffic signs
- \_\_\_ Getting lost
- \_\_\_ Changing lanes frequently
- \_\_\_ Causing or being involved in an accident

**Drugs:**

- Forgetting medications
- Taking improper doses
- Alcohol abuse
- Hoarding or hiding drugs
- Using someone else's medications

**Accidents:**

- Falls
- Unsafe use of equipment (chainsaws, power tools, farm implements, guns, etc.)
- Poison by ingesting paints, solvents, insecticides, bleaches, detergents, etc.
- Scalding while showering or bathing
- Altering home temperature inappropriately by changing thermostat or turning off furnace

**Outdoor Behaviors:**

- Getting lost
- Improper clothing for weather
- Crossing busy streets
- Locking self outside of the home

**Nutrition:**

- Forgetting to eat which results in weight loss
- Eating all the time which results in weight gain
- Unbalanced diet which results in malnutrition
- Forgetting to drink liquids which results in dehydration
- Spoiled food in refrigerator or on the counters
- Lack of food in the house

**Financial Exploitation:**

- Letting strangers into the house
- Carrying or displaying large sums of money in public
- Involvement in scams

